

The following Internet resources are not intended to be an exhaustive list, nor does the SILC endorse specific organizations. For more extensive resources, contact a local Center for Independent Living (CIL).

A directory of Oregon's CILs is available at

<http://www.orsilc.org/DHS/vr/silc/cil-directory.pdf>.

A national CIL directory is available at

<http://ilru.org/html/publications/directory/index.html>.

GENERAL DISABILITY RESOURCES

Disability.gov

Federal Internet site for disability resources

<https://www.disability.gov>

Disability Resources Monthly

Disability Resources on the Internet

*Note: Links may not be updated regularly, but most resources listed can be located through internet search engines

Oregon resources: www.disabilityresources.org/OREGON.html

Main page: www.disabilityresources.org/index.html

Seniors & People with Disabilities Division

State financial supports, long-term and community-based care and facility licensing for people with disabilities

www.oregon.gov/DHS/spwpd/index.shtml

Oregon Disabilities Commission

Governor's coordinating link between and among public and private organizations serving individuals with disabilities

www.oregon.gov/DHS/spd/adv/odc/index.shtml

Oregon Commission for the Blind

Provides information, technology and mobility training, vocational training & independent living services related to blindness or low vision

www.oregon.gov/Blind/index.shtml

Oregon Deaf and Hard of Hearing Services Program

Information and referral source on deafness and hearing loss issues

<http://www.oregon.gov/DHS/odhhs>

Oregon Council on Development Disabilities

Systems change, capacity building and advocacy activities related to developmental disabilities

<http://ocdd.org>

Brain Injury Association of Oregon

Brain injury prevention, research, education, and advocacy

www.biaoregon.org

MindFreedom International

Network of psychiatric/consumer survivors promoting consumer choice and a revolution in the approach to mental health supports and services. Provides assistance to individuals wanting to create and locate mental health resources, including a directory of alternatives for mental and emotional support.

<http://www.mindfreedom.org/directory>

National Alliance on Mental Illness (NAMI) - Oregon

Providing local support, education, and advocacy for individuals experiencing disabilities related to mental health

http://www.nami.org/MSTemplate.cfm?Site=NAMI_Oregon

EMPLOYMENT SUPPORTS

Vocational Rehabilitation Services:

- **Office of Vocational Rehabilitation Services**
Assists individuals in getting and keeping jobs that match their skills, interests and abilities. Serves people with all type of disability, with the exception of Blindness or Deaf-Blindness, who are served by Oregon Commission for the Blind.
www.oregon.gov/DHS/vr/index.shtml
- **Oregon Commission for the Blind**
Vocational services and training for individuals who are legal blind
www.oregon.gov/Blind/index.shtml

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PERSONAL SUPPORTS, SUPPLIES & IN-HOME SERVICES

Aging & Disability Resource Connection of Oregon

Resource directory for Oregon families, caregivers and consumers seeking information about long-term supports and services

www.adrcforegon.org

Home Care Commission

Ensuring the quality of home care services funded by the Department of Human Services, for seniors and people with disabilities.

www.oregon.gov/DHS/spd/adv/hcc

- **STEPS Project**

Free consumer training for Homecare Worker management

www.oregon.gov/DHS/STEPS/index.shtml

- **Homecare Worker Registry & Referral Service**

Allows employers (individuals needing in-home services) to match themselves with qualified Homecare Workers who meet a set of minimum standards

[For Internet connection, go to Home Care Commission link above, and click on link to “Registry & Referral System”](#)

Oregon Association of Area Agencies on Aging

Advocating for the independence, dignity and choice of Oregon’s seniors and people with disabilities

<http://o4ad.org>

Blanche Fischer Foundation

Fostering independence through private, direct grants to individuals or to organizations on behalf of individuals with physical disabilities

www.bff.org

TECHNOLOGY

Access Technologies, Inc.

Specialists in ergonomic and assistive technology

www.accesstechnologiesinc.org/ati_history.aspx

Public Utilities Commission – Oregon Telephone Assistance Programs

Provides financial assistance with phone service, adaptive equipment and relay services for speech and hearing disabilities

<http://www.oregon.gov/PUC/rspf/index.shtml>

TRANSPORTATION

Oregon Department of Transportation Trip Check

Transportation options in Oregon, including accessible transportation

www.tripcheck.com/rtp-to/cityCounty/cityCountySearch.aspx?_js=1

HOUSING SUPPORTS

Oregon Housing & Community Services

Housing finance agency, providing financial and program support to create and preserve opportunities for quality, affordable housing for Oregonians of lower and moderate income

www.ohcs.oregon.gov

VETERANS DISABILITY SUPPORT ORGANIZATIONS

Oregon Paralyzed Veterans

Maximizing the quality of life for it's members and all people who have spinal cord injury and disease through advocacy, research, benefits and removal of architectural barriers

www.oregonpva.org

Disabled American Veterans – Oregon Department

Building better lives for America's veterans with disabilities and their families

www.davmembersportal.org/or/default.aspx

DISABILITY RIGHTS & RELATED LAWS

Rehabilitation Act – U.S. Department of Education

Federal legislation authorizing grants for vocational rehabilitation, supported employment, independent living, client assistance, training, research and focusing on rights, advocacy and protections for individuals with disabilities

<http://www2.ed.gov/policy/speced/reg/narrative.html>

U.S. Department of Justice ADA Home Page

Provides the most current version of the Americans with Disabilities Act (ADA), as well as numerous other resources about the ADA.

www.ada.gov

Disability Business & Technical Assistance Center (DBTAC)

Provides Americans with Disabilities Act (ADA) resources, accessibility information and technical assistance

<http://dbtacnorthwest.org>

- **Oregon Affiliate: ADA Info-Oregon**

<http://dbtacnorthwest.org/Oregon>

Individuals with Disabilities Education Act – U.S. Department of Education

Federal law governing how states and public agencies provide early intervention, special education, and related services to children with disabilities. It addresses the educational needs of children with disabilities from birth to age 18 or 21.

<http://idea.ed.gov/explore/view/p/%2Croot%2Cstatute%2C>

Disability Rights Oregon

Provides legal assistance for problems directly related to disabilities and operates **Oregon's Client Assistance Program** for individuals receiving Vocational Rehabilitation Program or Independent Living Program services

www.disabilityrightsoregon.org

Disability Rights Education & Defense Fund

National civil rights law and policy center directed by individuals with disabilities and parents who have children with disabilities.

<http://dredf.org>